## COMPOST GUIDE

Yes

## "Greens"

**Rich In Nitrogen** 

-Coffee Grounds

-Egg Shells

-Fruit and veggie Scraps

-Tea Leaves

-Manure (From Plant Eating Animals only)

-Grass Clippings

-Healthy Dead Plants

## <u>"Browns"</u>

**Rich in Carbon** 

-Shredded Cardboard (No Ink, Remove staples and tape) -Shredded fall leaves

(Maple leaves break down better) -Wood Branches & wood chips

-Coffee Filters

-Nut Shells

-Non-gloss paper shredded



-Meat and Fish -Dairy Products -Grease, Fats or oils -Treated Wood Products -Sand and Rocks -Cat Litter -Human Waste -manure from (Dog & Cat)

-Plastic

- -Metals
- -Pesticide-treated plants

or grass

- -Invasive plants
- -Diseased Plants
- -Gloss, Waxed, Ink paper
- -Coal

-Glass

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